

## Request Form

Complete the form below and return to the County Extension Educator listed in box to the right.

**School/Organization:**

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**Name of Contact Person:**

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**Phone:** \_\_\_\_\_

**E-Mail:** \_\_\_\_\_

**I would like to request the following:**

- \_\_\_\_\_ Teacher In-Service Training for: (Circle grade levels)  
K-2   3-5   6-8   9-12
- \_\_\_\_\_ Schedule Take A Stand for my classroom.  
*Grade level:* \_\_\_\_\_  
*Number of Students:* \_\_\_\_\_
- \_\_\_\_\_ I would like to schedule a conference to learn more about Take A Stand.



## Oklahoma 4-H Pledge

I pledge my  
HEAD to clearer thinking,  
My HEART to greater loyalty,  
My HANDS to larger service,  
And my HEALTH to better living  
For my club, my community,  
My country and my world.

### FOR MORE INFORMATION, CONTACT:

Educator's Name  
Primary Business Address  
Address Line 2  
Address Line 3  
Phone:  
Fax:  
E-Mail:

Oklahoma State University, U.S. Department of Agriculture, State and Local governments cooperating. Oklahoma State University, in compliance with Titles VI and VII of the Civil Rights Act of 1964, Executive Order 11246 as amended, Title IX of the Education Amendments of 1972, Americans with Disabilities Act of 1990, and other federal and state laws and regulations, does not discriminate on the basis of race, color, national origin, gender, age religion, disability, or status as a veteran in any of its policies, practices, or procedures.





Bullying at school is a growing problem among kids of all ages. Statistics are alarming on how often bullying occurs and how many children are affected.

Oklahoma's Cooperative Extension 4-H Youth Development Program is taking a pro-active stance to address this critical issue.

**Take A Stand** teaches youth how to deal with conflict through helping to develop skills in *communication, teamwork, etiquette, and cultural awareness*. These are just a few of the life skills necessary to equip youth to become self-sufficient, contributing members of society.

**Take A Stand** is a teacher-friendly curriculum. It is designed in an easy say/do format and contains all the activity sheets, lesson plans, and other resources needed to implement the complete program.



## Who Is The Intended Audience?

**Take A Stand** is a comprehensive program that has lessons written for four different grade levels. The grade levels are divided as follows:

- K—2nd Grade
- 3rd—5th Grade
- 6th—8th Grade
- 9th—12th Grade

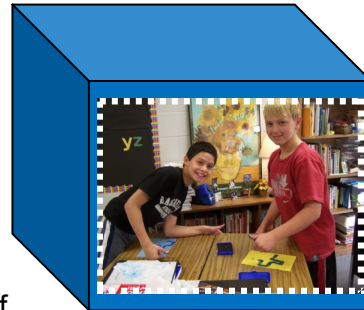
Each level has five lessons with a variety of activities in each lesson. There is enough content and activities to provide at least 10 hours of instruction.

The curriculum is designed so that instructors can choose the activities to teach depending on time available, number of meetings and supplies available.

A parent's letter is provided to help them understand the importance and content of the program.

An evaluation instrument is provided to determine the behavior changes and successes of the program.

Youth are also provided a recognition certificate upon completion of the program.



## Curriculum Alignment

The **Take A Stand** curriculum has been aligned with the Oklahoma P.A.S.S. Objectives so that schools will be able to match the program with specific subjects if needed. When the new Common Core Standards are fully implemented, the charts will be updated to reflect the new standards.

## What Oklahoma 4-H Can Do For You

Oklahoma Cooperative Extension Educators are available to assist in a variety of ways in implementing **Take A Stand**.

- Schedule your educator to conduct a series of lessons with a class or grade.
- Invite your educator to conduct a teacher in-service training on **Take A Stand**. Teachers can then implement the lessons in their classroom and provide demographic information back to the educator.
- Youth who participate in **Take A Stand** will be involved in a 4-H experience that teaches them life skills to equip them to deal with conflict.