



Interview with Pamela Stokes

**OKLAHOMA STATE UNIVERSITY
HEALTH SERVICES**



MHCA, DNP, RN

**ASSOCIATE DIRECTOR
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*"For My Club,
My Community,
My Country, and
My World."*

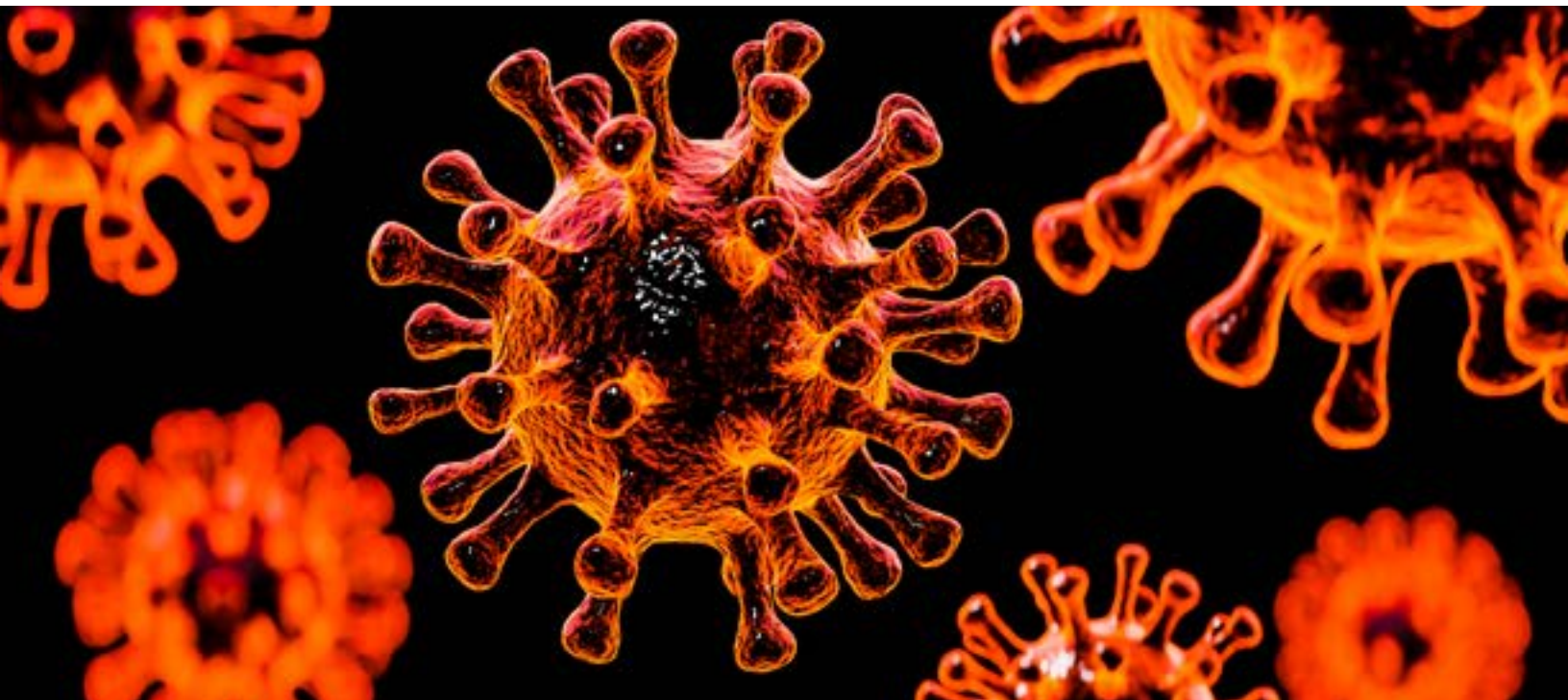
The Oklahoma State University STEMist interns are not certified medical professionals. All information provided in these handouts are derived directly from the Centers for Disease Control and Prevention, are mandated and approved by Oklahoma State University to its employees and students, and/or is referenced directly from trusted sources.

Visit with a trusted parent or guardian for any further questions about COVID 19. Visit credible sources such as the Centers for Disease Control and Prevention for more information regarding the coronavirus pandemic.

ACTIVITIES

SNACK

If you are getting hungry we encourage you to use your imagination and create a snack that looks similar to the coronavirus cell, as pictured. You can mold round cheese or use a marshmallow as the cell body and stick pretzels into the cheese or marshmallow to mimic the "arms" coming off the cell. Be creative and share your finished product with us on flipgrid.



CIVIC ENGAGEMENT

Since social distancing and proper hygiene is so vital during this time we encourage you to practice washing your hands, wearing a face mask when appropriate and keeping 6 feet away from people when running errands. We would also like to encourage you to send an uplifting notecard or letter to a friend, family member, or someone on your mind during this pandemic. Together, we will prevail through this difficult time.

