

OKLAHOMA 4-H PUBLIC SPEAKING PROJECT



4-H GROWN

LIFE SKILLS

- Utilize creative and critical thinking in preparation of presentation development
- Appreciate learning through researching topics for presentations

LEADERSHIP

- Encourage other 4-H members to get involved in public speaking
- Secure donors for competitive public speaking contests
- Host a public speaking day camp with guest speakers and community involvement

COMMUNICATION

- Introduce a speaker at a club meeting
- Write a thank you note to a 4-H sponsor
- Create exciting and effective visual aids



PROJECT OBJECTIVES

The Public Speaking Project allows youth the opportunity to express themselves through verbal communication. In this project, youth showcase knowledge in technology, visual arts and creativity. Public speaking is a life skill youth will use in future careers and civic engagement.

- Learn to communicate effectively
- Develop skills to enhance presentations
- Teach others how to plan and organize presentations
- Develop self-confidence through public presentations

GROW IN YOUR PUBLIC SPEAKING PROJECT

The activities below are ideas to inspire project development. This is not a complete list.

BEGINNER

- Decide on a topic of interest for your presentation and find sources of information
- Work with a caring adult to develop a prepared presentation
- Learn the basic parts of a speech
- Observe a variety of public speaking styles by watching others' presentations

INTERMEDIATE

- Learn to make a good speech and presentation
- Teach others the basic skills and components of public speaking through workshops and one-on-one mentoring
- Assist younger 4-H members in developing ideas for public speaking
- Develop good listening skills and habits

ADVANCED

- Assist with planning and implementing competitive speaking opportunities for 4-H members
- Provide educational programming by reaching out to non-4-H groups
- Learn appropriate style of citing sources for different presentation types
- Conduct interactive displays to promote 4-H

EXPAND YOUR EXPERIENCE

- Practice mock interviewing with an adult for feedback
- Schedule a visit with a communications department at a university to see different forms of communication
- Evaluate presentations using appropriate rubrics
- Practice extemporaneous speaking skills



4-H GROWN

CITIZENSHIP

- Read to others in a classroom, library or nursing home
- Give a presentation at a Cloverbud meeting
- Serve as an emcee for a local community event

HEALTHY LIVING

- Demonstrate how to make a healthy snack
- Reduce stress by being able to express feelings and effectively communicate
- Shadow a speech pathologist to understand verbal delays effecting speech

SCIENCE

- Incorporate nontraditional technologies into public speaking
- Create video examples of different types of public speaking
- Identify how the brain reacts during stage fright and other public speaking events

RESOURCES

4-H CURRICULUM

- OK 4-H Resources: <http://4h.okstate.edu/literature-links/lit-online/communication-expressive-arts/speaking>
- National 4-H Curriculum: http://www.4-hmall.org/Category/4-hcurriculum-communications.aspx?_ga=1.100328542.1185683848.1367266127

OPPORTUNITIES

- County, district and state 4-H communications contests
- Field Days
- Day Camps
- Fair exhibits in poster art and science technology
- Be the Best in Oklahoma 4-H Public Speaking Contest
- State 4-H Roundup Communications Contest

RESOURCES

- Toastmasters International: www.toastmasters.org
- Games to promote public speaking: www.write-out-loud.com
- SE District Resources: <http://oces.okstate.edu/sedistrict/4-h/public-speaking-resources-folder/public-speaking-resources>

Learn more at:
or contact your county
Cooperative Extension office.



Oklahoma 4-H is the youth development program of the Oklahoma Cooperative Extension Service and Oklahoma State University

Join Our 4-H Community:



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