

OKLAHOMA 4-H ATV PROJECT



4-H GROWN

LIFE SKILLS

- Use critical thinking, problem-solving and decision-making skills while operating an ATV
- Apply safe practices to decrease injury and avoid risks

LEADERSHIP

- Organize activities to teach skills and safety
- Assist a certified instructor teach ATV safety

COMMUNICATION

- Give a presentation on ATV safety
- Prepare an interactive safety display which could include safe riding practices, riding gear and safe riding environments

PROJECT OBJECTIVES

The 4-H ATV project allows youth to gain knowledge about all terrain vehicles (ATV) including safe operation, proper equipment, environmental stewardship and maintenance. Youth will learn:

- The importance of wearing a helmet and other protective gear
- The dangers of carrying passengers
- Operating/riding the right size of ATV saves lives
- Operating/riding double on an ATV, doubles the trouble

GROW IN YOUR ATV PROJECT

The activities below are ideas to inspire project development. This is not a complete list.

BEGINNER

- Identify parts of an ATV
- Ability to match rider size to ATV
- Identify proper riding gear
- Learn about traumatic brain injuries and how to avoid them

INTERMEDIATE

- Complete online ATV Safety Institute e-course
- Determine fit of riding gear
- Develop rider-active skills on ATVs
- Complete the Ride Safe Oklahoma program
- Learn and practice SIPDE concept

ADVANCED

- Explore opportunities to teach others about ATV safety
- Teach programs and workshops to others
- Practice safe rider rules
- Learn to avoid harming habitats while operating/riding ATVs

EXPAND YOUR EXPERIENCE

- Create a public service announcement on the Eight Golden Rules of ATV safety
- Visit a children's rehabilitation center at your local hospital to learn about traumatic brain injuries



4-H GROWN

CITIZENSHIP

- Provide information to citizens concerning safe places to ride ATVs
- Provide opportunities for other members to present safe riding skills

HEALTHY LIVING

- Practice safe riding skills
- Teach others how to be safe around ATVs
- Learn how drugs and alcohol can impair ATV operation

SCIENCE

- Create a video showing safe-riding practices
- Understand the mechanics of your ATV

RESOURCES

4-H CURRICULUM

- National 4-H ATV Curriculum: <http://www.atv-youth.org/>
- ATV Ride Safe Oklahoma: <http://www.ridesafeok.org/>
- Arkansas 4-H ATV curriculum: <http://www.uaex.edu/4h-youth/activities-programs/atv-safety.aspx>

OPPORTUNITIES

- Farm Safety Days
- Ride Safe Oklahoma rider course
- ATV Rodeo
- Northeast District ATV Safety Contest
- Make a poster for county and state fairs

RESOURCES

- ATV Safety Institute (ASI): <http://www.atvsafety.org/>
- Visit with local highway patrol officers and law enforcement

Learn more at:
www.4h.okstate.edu/projects/atv or contact your county Cooperative Extension office.



Oklahoma 4-H is the youth development program of the Oklahoma Cooperative Extension Service and Oklahoma State University

Join Our 4-H Community:

