



Bullying at school is a growing problem among kids of all ages. Statistics are alarming on how often bullying occurs and how many children are affected. Oklahoma's Cooperative Extension 4-H Youth Development Program is taking a pro-active stance to address this critical issue.

Take A Stand teaches youth how to deal with conflict through helping to develop skills in communication, teamwork, etiquette, and cultural awareness. These are just a few of the life skills necessary to equip youth to become self-sufficient, contributing members of society.

Take A Stand is a teacher-friendly curriculum. It is designed in an easy say/do format and contains all the activity sheets, lesson plans, and other resources needed to implement the complete program.

Who Is The Intended Audience?

Take A Stand is a comprehensive program that has lessons written for four different grade levels. The grade levels are divided as follows:

· **K–2nd Grade** · **3rd–5th Grade** · **6th–8th Grade** · **9th–12th Grade**

Each level has five lessons with a variety of activities in each lesson.

There is enough content and activities to provide at least 10 hours of instruction. The curriculum is designed so that instructors can choose the activities to teach depending on time available, number of meetings and supplies available. A parent's letter is provided to help them understand the importance and content of the program. An evaluation instrument is provided to determine the behavior changes and successes of the program. Youth are also provided a recognition certificate upon completion of the program.

Curriculum Alignment

The Take A Stand curriculum has been aligned with the Oklahoma P.A.S.S. Objectives so that schools will be able to match the program with specific subjects if needed. When the new Oklahoma Academic Standards are fully implemented, the charts will be updated to reflect the new standards.



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What Oklahoma 4-H Can Do For You?

Oklahoma Cooperative Extension Educators are available to assist in a variety of ways in implementing **Take A Stand**.

- Schedule your educator to conduct a series of lessons with a class or grade.
- Invite your educator to conduct a teacher in-service training on **Take A Stand**. Teachers can then implement the lessons in their classroom and provide demographic information back to the educator.
- Youth who participate in **Take A Stand** will be involved in a 4-H experience that teaches them life skills to equip them to deal with conflict.

Request Form

Complete the form below and return to the County Extension Educator.

School/Organization:

Name of Contact Person:

Phone:

E-Mail:

I would like to request the following:

Teacher In-Service Training for:

K-2 3-5 6-8 9-12

Schedule **Take A Stand** for my classroom.

Grade level: ____

Number of Students:_____

I would like to schedule a conference to learn more about **Take A Stand**.



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