

# At Home Spa Day Face Masks

**Treat yourself and make every day a  
spa day at home!**

**Want a mask for glowing skin:**

Mix 2 tsp lemon juice and 2 tbsp yogurt!  
Apply a thick layer to skin with a makeup  
brush or clean fingers. Leave it on for 15  
to 20 minutes. Rinse away with warm  
water and pat dry.



**For a mask to help with clear skin:**

Mix 1 tbsp. lemon juice and 2 tbsp. honey  
! Apply the mask, covering your face and  
neck but avoiding the area near your  
eyes. Wait 20 minutes, and then wash off  
with warm water, followed by cold  
water. – The cold water is also optional,  
but will help close your pores.

