

August Shopping List

Meat

- 4 bone-in or boneless thick cut pork chops

Dairy/Refrigerator Section

- 2 1/2 cups cheddar cheese, shredded
- 1 cup milk
- 1/2 cup salted butter, melted
- 4 eggs
- 1 1/2 sticks unsalted butter, cut into 1/2-inch cubes and chilled

Bread

- 1 1/2 cups Panko bread crumbs

Produce

- 1 teaspoon finely-grated lemon zest
- 4 Granny Smith apples, peeled, cored and thinly sliced
- 1 lb Brussels sprouts, quartered
- 1 lb baby potatoes, quartered

Spices/Baking

- 4 1/2 cups all purpose white wheat flour or all purpose white flour
- 1 tablespoon baking powder
- 2 1/2 teaspoon garlic powder
- 1/2 cup + 1 teaspoon + 2 tablespoons sugar
- 1 tablespoon Italian seasoning
- 2 tablespoons olive oil
- 1 tablespoon cinnamon
- 1/2 teaspoon salt
- 2 teaspoons dried parsley (optional)

