



4-H AT HOME



FUN, HANDS-ON ACTIVITIES TO KEEP KIDS ENGAGED

GARDENING AND PLANTS

Starting a Herb Garden or Vegetable Garden can easily be done in an egg carton.



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Egg Carton Seed Starter

Supplies Needed:

- ◆ Empty Egg Carton
- ◆ Soil
- ◆ Seeds

1. Cut the lid of the egg carton away from the bottom (egg cup) portion of the egg carton. The egg cups will be used for planting, the lid will become the water tray.
2. Cut a small cut in the bottom of egg cup to allow drainage.
3. Fill the egg cups with potting soil. (*Garden soil is not recommended for starting plants.)

4. Make small hole in the soil in each egg cup with a pencil, chopstick or finger
5. Place 2 to 4 seeds in each hole. Then cover with soil.
6. Place the planted egg cup into the top of the egg carton.
7. Water lightly and place in a window sill or where it will get sunlight.
8. Water every day or so and watch for seeds to sprout

Vegetables that do best if transplanted as seedlings: Tomatoes, Peppers, Broccoli, Cabbage, Cauliflower, Eggplant and most Herbs.

*Garden soil can be used but needs to be heated to 180° for 20 to 30 minutes and mixed with equal parts of sand and peat moss to encourage proper drainage.

Make a Watering Can

Supplies Need:

- ◆ Empty container with a handle
- ◆ Hammer & Nail
- ◆ Needle Nose Pliers



Use the hammer, nail and pliers to put 6 to 10 holes in the lid. Pliers help hold the nail safely.

Fill container with water, put on the lid and you're ready to go!



MORE RESOURCES

Egg Carton Herb Garden Video: <https://www.youtube.com/watch?v=GYDganQTFnI&t=10s>

Self Watering Garden: https://www.youtube.com/watch?v=OEAh_P1CXDK&t=31s

Jr. Master Gardening: <http://www.hortla.okstate.edu/outreach/youth>

Gardening resources including youth/school gardening: <http://www.oklahomagardening.okstate.edu/>

Oklahoma Gardening see full shows: <http://www.oklahomagardening.okstate.edu/>



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