

Oklahoma 4-H

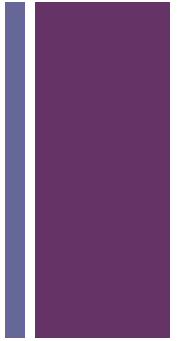
Making a Difference

What is 4-H?

4-H is a community of young people across America who are learning **leadership**, **citizenship** and **life skills**



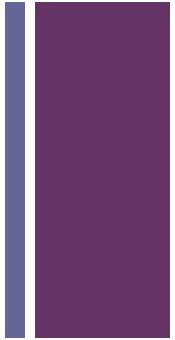
+ 4-H is...



- Youth Development component of the Cooperative Extension Service
- The largest youth serving organization in the world
- Dedicated to education, youth development and service



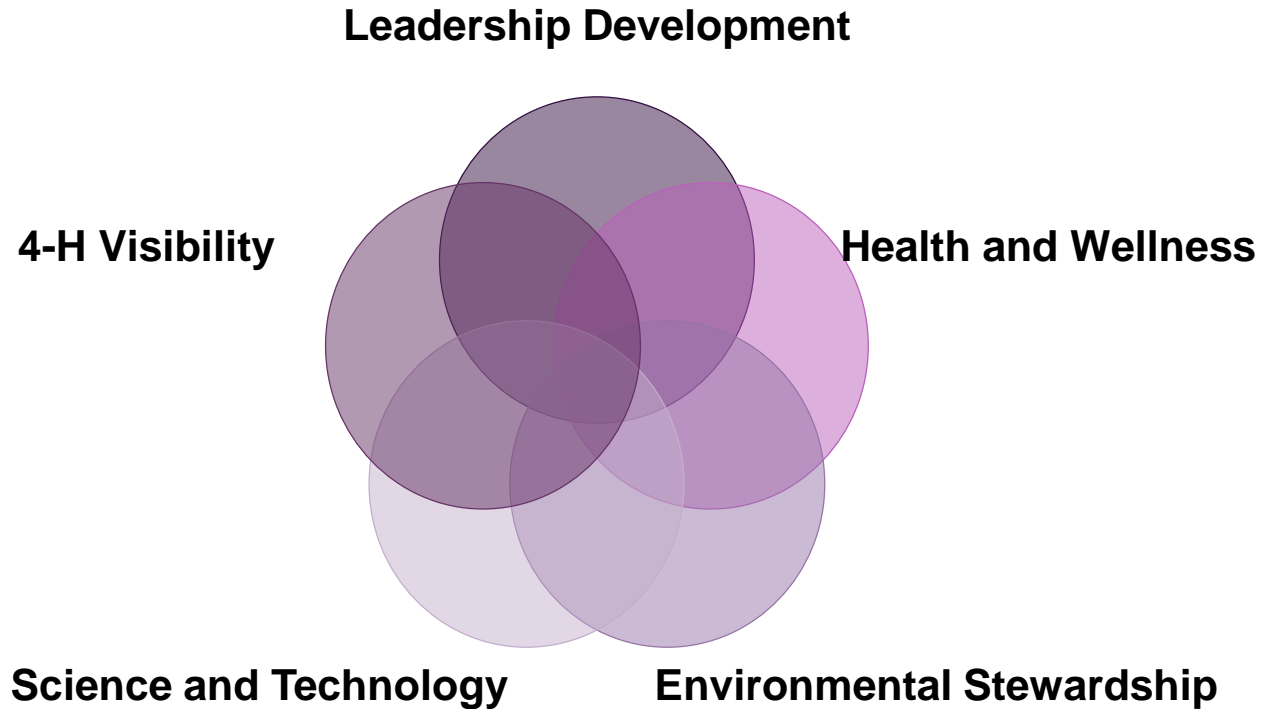
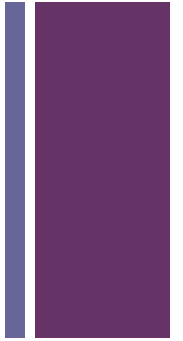
+ Oklahoma Cooperative Extension Service



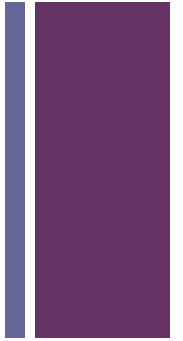
- Based at Oklahoma State University and Langston University
- Provide research based information in Agriculture and Natural Resources, Rural Development, Family and Consumer Sciences and 4-H/Youth Development
- An office in almost every county



+ 4-H Focus Areas



+ Why 4-H Projects “work”



Youth have the opportunity to:

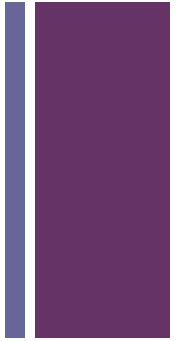
- Set goals
- Gain knowledge
- Develop skills
- Learn by doing
- Accept responsibility
- Be recognized for their achievements, lead and serve others

+ Project Work = Life Skills



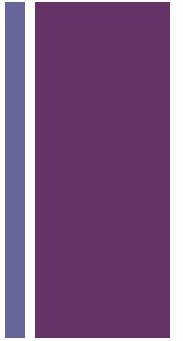
- Decision-making
- Goal setting
- Planning, doing, evaluating
- Teamwork/Cooperation
- Communication
- Responsibility
- Recordkeeping

+ 4-H Projects



- Consumer, Family & Health Related Projects
- Animal Science
- Personal Development, Citizenship & Leadership
- Science & Technology
- Communications and Visual Arts
- Environmental Education

+ County 4-H Statistics



- *Summarize county 4-H facts & figures on this slide*

+ 4-H members gain
decision-making skills



Through judging activities

+ Share knowledge and skills with others



In formal and informal settings, through workshops like this one

+ Serve Their Communities



Members packaging corn at the Regional Food Bank

+ Tell the 4-H Story



4-H Day at the Capitol

+ Lead by Example



**Sharing project work and
running for office**

+ 4-H in your County



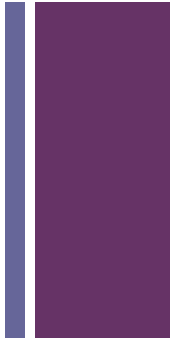
- Add information about 4-H in your county to localize this presentation

County Project

- Insert a photo of an outstanding county project to the left and describe it here



4-H members make a difference



A sample* group of 240 4-H teens:

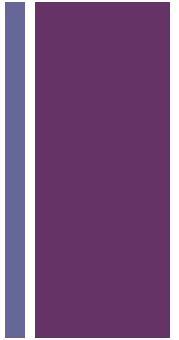
- Reached 25.7 million people through 4-H project work
- Organized 57,108 activities, workshops and presentations
- Spent nearly 380,000 hours planning, conducting and evaluating 4-H activities

*4-H members who submitted 4-H record books and award applications in 2012



4-H Alumni

Are engaged in their communities



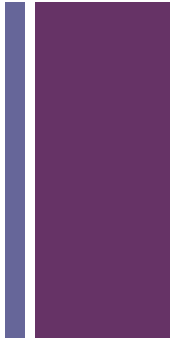
A study¹ published in the *Journal of Extension* found that youth involved in 4-H are:

- More likely to have higher grades than non-4-H members
- Less likely to participate in risky behaviors
- More likely to discuss important issues with their parents
- More likely to hold leadership positions and participate in community service activities

¹Seevers, B. S., Hodnett, F., and Van Leeuwen, D. (2011). Findings of 4-H Impact Studies in Six Western States. *Journal of Extension*, 49(4). Retrieved from <http://www.joe.org/joe/2011august/a4.php>



The Lasting Effect of 4-H on Volunteerism & Leadership



4-H Alumni

- 95% volunteer monthly in their communities
- 80% belong to one or more community groups
- 86% have held leadership positions in a community organization in the last 3 years

Non-4-H Oklahomans

- 77% volunteer monthly in their communities
- 70% belong to one or more community groups
- 62% have held leadership positions in a community organization in the last 3 years



The Lasting Effect of 4-H on Education and Voting



4-H Alumni

- 66% hold a 4 year college degree
- 30% hold advanced degrees
- 96% have voted in the past 3 years

Non-4-H Oklahomans

- 20% hold a 4-year college degree
- 10% hold advanced degrees
- 89% have voted in the past 3 years